



EDITORIAL

Miguel Crespo, Dave Miley, Abbie Probert and Edward Horne

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Welcome to Issue 65 of the ITF Coaching & Sport Science Review.

The main focus of this edition of CSSR is sport science applied to tennis. The articles range from confidence and resilience in the game, developing tennis players, to mood states and trajectory as a basic fundamental tactic.

Other topics in this issue include tennis sociology, foundations of learning, wheelchair tennis research, personal branding for tennis coaches and a tribute to tennis coaching legend Vic Braden.

Close to 600 articles have been published in the CSSR since 1992, and today, in its 23rd year, the review is produced 3 times per year in the 3 official ITF languages of English, Spanish and French and made available free of charge on the ITF coaching web at <http://en.coaching.itftennis.com/coaching-sport-science-review>

The ITF is making a considerable effort in offering its coaching resources in a variety of formats that reach all audiences. The last e-books published by the ITF include 'Coaching Beginner and Intermediate Players' and 'Tennis Psychology' both in Spanish. To download your copy of Coaching Beginner and intermediate Players please click [here](#). Tennis Psychology is available to download by clicking [here](#).

The parents' role is more important in [Tennis10s](#) than at any other stage of tennis because children are very influenced by the behaviour of their parents at this age. A guide for parents is available to help them better understand [Tennis10s](#) and how they can help ensure that their children have a positive experience playing tennis. Creating a player-friendly platform for children to be introduced to competition at a level suitable for their age and understanding is vital. Parents can assist in creating a positive playing environment for their child by providing the right support and encouragement. Please read on [here](#).

The ITF Tennis iCoach website remains at the forefront of online coach education, presentations from the 2014 ITF Regional Coaches Conferences are already uploaded and available. Each month Tennis iCoach publishes an Editor's Pick for free. There are over 1500 presentations on Tennis iCoach from leading experts all around the world. For just \$30 per year you can keep up to date with the most current tennis specific coaching information. Please click on the following link for a tour of the site www.tennisicoach.com.

The [ITF Worldwide Coaches Conference](#) by BNP Paribas will take place in Antalya, Turkey, from Tuesday 17 to Saturday 21 November 2015. The event is being organised by the ITF in conjunction with the Turkish Tennis Federation (Turkiye Tenis Federasyonu) and Tennis Europe and will be held at the Kaya Palazzo Resort and Convention Centre. For more details click [here](#).

The theme of this year's Conference is 'A Player Centred Approach to Long-term Development: Participation to Performance'. The Conference will have presentations related to four distinct ages of player development:

10 & under (Building phase)

11-14 years (Development phase)

15-18 years (Junior phase)

19-23 years (Transition to Professional phase).

Registration will open at the end of April, for more information on this prestigious event please go [here](#).

You can find more information on the venue [here](#).

We hope that you will find this 65th edition of the Coaching and Sport Science Review informative and that it will allow coaches across the world to build on and develop their coaching knowledge and to be more effective in their work as coaches. We also hope that you will continue to make use of all the other coaching resources provided by the ITF which can be viewed on the coaching webpage;

www.itftennis.com/coaching.



The Kaya Palazzo Resort and Convention Centre