



## EDITORIAL

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Welcome to Issue 66 of the ITF Coaching & Sport Science Review. The main focus of this edition of CSSR is tennis player development. The articles range from the Australian-based program for vision impaired players, the Italian Tennis Federation modern approach to mini-tennis, learning through movement consciousness, some physical considerations on long-term development of the players, developing a career strategy for tennis talents and the influence of motivation on player development.

Other topics in this issue include carbohydrate intake in professional tennis players, resilience of Down syndrome tennis players and how to establish a game plan.

The launch of the different ITF coaching publications as e-books has proven to be very successful. There are new available e-books in English, Spanish and French. Please [click here](#) to purchase your copy.

The ITF Tennis iCoach website remains at the forefront of online coach education resources, with up to date and current research available to coaches across the world. Some of the latest information produced includes a series of wheelchair training videos. For just \$30 per year you can keep up to date with the most current tennis specific coaching information. Please [click here](#) for a tour of the website.

Preparations for the upcoming ITF Worldwide Coaches Conference are well under way with some high profile coaches already confirmed. The event is being organised by the ITF in conjunction with the Turkish Tennis Federation (Turkiye Tenis Federasyonu) and Tennis Europe and will be held at the Kaya Palazzo Resort and Convention Centre. Please note that the Conference will be held on 24-28 November 2015. Read more by [clicking here](#).

The theme of the Conference will be "A Player Centred Approach to Long-term Development: Participation to Performance". Confirmed speakers so far include Francis Roig, Biljana Veselinovic, Max Merkel, Leon Smith, Beni Linder, Gabriel Jaramillo and Dominik Hrbaty, among others. For more information on how to register for this exciting conference, please visit the official page [clicking here](#).

The ITF Coaches Commission met at Roland Garros on Sunday 30th May 2015 and the meeting was chaired by Tarak Sherif (Tunisia/ ITF Board of Directors). A photo of the commission is shown below.

The ITF is happy to announce that the Coach Education Programme of the Norwegian Tennis Association has been recognised at gold level. Norway joins the group of nations that have reached the highest recognition level which include: Australia, Austria, Belgium, Brazil, Canada, Colombia, Cuba, Finland, France, Great Britain, Germany, Italy, Ireland, Netherlands, Portugal, Spain and Switzerland. The only nation recognised at silver level is India. Many coach education programmes of other nations worldwide are in the process of being recognised by the ITF at one of the different levels (gold, silver or bronze).

Finally, the ITF would like to announce that the ITF Coaches Commission has nominated Professor Bruce Elliott as the winner of the award for services to the game in coaching in 2015. Bruce is one of the top coach educators in tennis and is

considered the world expert in tennis biomechanics. He has taken part in many ITF Coaches Conferences as a key note speaker and will be presenting at this year's Worldwide Coaches Conference.

We hope that you will find this 66th edition of the Coaching and Sport Science Review informative and that it will allow coaches across the world to build on and develop their coaching knowledge and to be more effective in their work as coaches. We also hope that you will continue to make use of all the other coaching resources provided by the ITF which can be viewed on the coaching webpage:



[www.itftennis.com/coaching](http://www.itftennis.com/coaching).