



## EDITORIAL

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Welcome to issue 67 of the ITF Coaching and Sport Science Review, the third and final issue of 2015. The articles in this issue cover a variety of tennis specific topics including: coping strategies in coaching, professional player anthropometrics and communication.

This issue follows the conclusion of yet another highly successful ITF Worldwide Coaches Conference by BNP Paribas in Antalya, Turkey. The ITF and the Turkiye Tenis Federasyonu hailed the ITF's 19th biennial coach education showpiece event as a huge success.

During the week, over 700 coaches from 99 nations attended presentations on cutting edge research, technology and training methodologies from renowned experts and former professional players such as; Judy Murray, Dominik Hrbaty, Francis Roig, Beni Linder, Gabe Jaramillo, Carl Maes, Biljana Veselinovic and Mats Merkel to name a few.

The five-day conference brought together over 70 leading international experts in coach education, player performance and sport science to present on the latest trends in the long-term development of a tennis player. ITF Development Research Officer, Miguel Crespo remarked: "This year's conference has been a huge success with tennis coaches from all over the world sharing their knowledge and experience in the latest trends in tennis player development." The conference also saw the unveiling of the first official Worldwide Coaches Conference app, to great critical acclaim, as all delegates and speakers were able to interact together through the app and have all the conference information easily accessible in the palm of their hand.

November saw the launch of the new Tennis iCoach website, offering increased exposure for coaches and clubs, increased free content in the Editor's Pick section and improved search filters. The ITF Tennis iCoach website remains at the forefront of online coach education platforms. The ITF Tennis iCoach Academy will launch in 2016. The first course is aimed at coaches that are starting out on the international tours. Coaches will develop their on-court and off-court skills through an understanding of the tasks related to achieving success at this level. The course is set out over ten modules related to aspects of the tour including planning and periodisation, tactical and technical training, anti-doping programmes and management skills. Please click here to visit the improved new website.

There is another important announcement to be made which affects the ITF Development department:

After 24 years, Executive Director of Tennis Development Dave Miley has decided to leave the ITF for personal reasons at the end of December 2015.

Dave has played a key role in the development of tennis globally. He initiated many successful projects including Tennis10s that grew out of the ITF's Play and Stay Programme. With Miley's innovative and creative approach, he worked hard to expand the education of tennis coaches worldwide, particularly with the launch of iCoach, the ITF's official online coaching platform. Miley was very active over the years with

the Worldwide Coaches Conference with another successful five-day conference last week in Turkey.

In 1993, Miley established the ITF Coach Education Programme and was author of both the Level One Manual and co-author of the Advanced Coaches Manual that is now available in over 20 languages worldwide. The Junior Touring Team programme proved very successful with many top-ranked players coming out of the teams, including Grand Slam Champion Victoria Azarenka (BLR).

ITF President David Haggerty said: "The outstanding work of the ITF's Development Department and the contributions of Dave Miley are well known throughout the tennis world. Dave will leave a large legacy and we wish him well for the future."

The ITF thanks Dave for his years of service and commitment to tennis.

We hope that you find the 67th edition of the Coaching and Sport Science Review insightful and that it will keep allowing coaches across the world to build on and develop their coaching knowledge. As always, you can continue to make use of all the ITF's comprehensive coaching resources by visiting the ITF coaching website.

[www.itftennis.com/coaching](http://www.itftennis.com/coaching)

