

EDITORIAL

Miguel Crespo, Dave Miley, Abbie Probert and Edward Horne

ITF Coaching and Sport Science Review 2016; 68 (24): 2

Welcome to issue 68 of the ITF Coaching and Sport Science Review, the first issue of 2016. The articles in this issue cover a variety of tennis specific topics including; the transition from the junior to professional game, the growing opportunities for coaches available through social media, coach-player communication and endurance training in tennis.

Following the recent election of Mr. David Haggerty as ITF President, the ITF Development Department now forms part of the newly-created Development and Integrity Department, under the leadership of Stuart Miller with Luca Santilli as the new ITF Executive Director of Tennis Development. On behalf of the ITF, we wish Stuart and Luca all the best in their new roles.

The ITF Coaches' Commission also welcomes a new chairman and members, elected by the ITF Board of Directors. Aleksei Selivanenko (RUS) will now be assuming the responsibility of Chairman with the new members of the Commission for 2016/17 including: Alfredo de Brix (PAR), Martin Blackman (USA), Dr. Janet Young (AUS), Fernando Segal (MEX), David Sanz (ESP), Hichem Riani (TUN) and Wei Zhang (CHN).

2016 marks another year that the biannual ITF Regional Coaching Conferences return. The Conferences, sponsored by BNP Paribas, form an important part of the ITF's Coach Education Programme and, as always, will be featuring high calibre international experts presenting some of the latest advancements in the physical, tactical, technical and psychological aspects of tennis. For more information on the conferences please see here.

World leading researcher and sports biomechanics expert Professor Bruce Elliott was honoured at this year's Australian Open with the 2015 ITF Award for Services to the Game in Coaching. The award reflects Bruce's outstanding contribution in the field of coach education/tennis coaching research which is further exemplified by his regular presence at international workshops, conferences and courses. The ITF would like to congratulate Bruce on his achievement and wish him every success with the continuation of his excellent work.

The ITF have commissioned Mississippi State University to lead a research project titled 'The Impact of Tennis Participation on Parameters of Health'. The research will study the relationship between active tennis players, non-tennis players and the associated health benefits.

In order to compile data for the research study, volunteers are asked to complete an online survey and to respond to questions regarding demographics, tennis history, health status, exercise, and general satisfaction with life. If you are interested in participating in this

research study, please see this website. Additionally, it would be very much appreciated if you are able to share this with your own distribution lists ie, tennis club members, family, friends or other coaches.

ITF Tennis iCoach published more than 150 pages of new content in 2015, including conference presentations, video tutorials, sport science articles and presentations from various national coaches' conferences including exclusive presentations from November's ITF Worldwide Coaches Conference by BNP Paribas. So far in 2016, keynote

presentations by: Beni Linder, Judy Murray, Gabe Jaramillo, Doug MacCurdy and Miguel Crespo and David Sanz have been published on the website. The exclusive content offered from the conference has proven to be popular with members, most notably Beni Linder's video which has amassed over 150,000 views on the website and via the Tennis iCoach Facebook page and has generated over 8,000 likes, comments and shares. Presentations by other keynote and workshop speakers will soon feature on the website from the 2015 ITF Worldwide Coaches Conference by BNP Paribas. You can view all of these presentations and register for Tennis iCoach membership here. We hope that you will find this 68th edition of the Coaching and Sport Science Review informative and that it will allow the global community of coaches to continually enhance their coaching competencies and to be more effective in their work as tennis coaches developing more and better players. We also hope that you will continue to make use of all the other coaching resources provided by the ITF which can be viewed on the coaching webpage.

www.itftennis.com/coaching

