



Editorial

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Welcome to issue 81 of the ITF Coaching and Sport Science Review. During these troubling times, our foremost thoughts are with everyone who has been directly affected by the COVID-19 pandemic, and we send our condolences to those who have lost loved ones and those who are currently suffering. This issue is fully dedicated to share knowledge, insight and best practices related to the situation generated by the pandemic. Contributions have been received from all over the world and cover a wide range of topics such as education, promotion, marketing, legal, methodology, etc.

Since March we all have been living in uncertain and unprecedented times. This has had an impact on the overall tennis eco-system. During this period, the ITF, Tours and Grand Slams have provided financial and material assistance to players, member nations, officials and coaches which has been widely welcomed. Through this time that we have not been able to play tennis, the ITF has been in touch with our Members, the National Tennis Federations, keeping them updated on the issues and challenges we all face. Consulting with, and listening to all our stakeholders has been one of our primary focuses over the last two months so that we can fully understand the health and safety challenges we face as a sport.

The Return to Tennis is a very complex situation due to the various stages of Covid-19 around the world. We all face the challenge as we begin to prepare for the return to international events in August. The health and safety of all involved is our number one priority. It is critical for the sport of tennis that we return to the court but only if it is safe to do so. The ITF wants to once again thank the Member Nations for their continued direct feedback, which has enabled us to continue to work to restart tennis nationally, regionally and ultimately internationally, in a safe and mindful way and provide opportunity for players going forward. ITF will be producing Return to Tennis Guidance and

Protocols which will provide you with a framework to move forward with tournaments.

The ITF Academy, the educational platform of the ITF, continues to be offered for free to all those interested. New interactive online courses have recently been added with 63 free courses currently available in English and a further 58 in Spanish and 58 in French. The Portuguese section has also been launched by offering 29 free courses. The courses cover a variety of subjects and are targeted not only to tennis coaches but also to parents, players, trainers, psychologists and fans. With more than 85,000 users and over 25,000 registered users, the top countries in registered users include India, Colombia, Argentina, Brazil and Great Britain.

The video and article library of the ITF Academy contains more than 340 content pages, including videos, articles and scientific research papers, which have now also been made available for free on the ITF Academy.

The ITF Academy is an integral element of the “blended learning” methodology to be implemented in all ITF certification courses. All those who take part in any ITF coaching or education activity will have to be registered in the ITF Academy. Furthermore, the ITF Academy is an essential tool for continued professional development. Please click [here](#) to register for free now.

In addition to the courses and resources available on ITF Academy, the ITF ebooks app offers more than 150 publications in 13 languages. Many of these publications, such as the ITF Advanced Coaches Manual, are for free.

We are living in unprecedented times. The global uncertainty created by COVID-19 will continue to create a fluid and rapidly-changing environment that will impact multiple areas. Therefore, we all need to understand the main priority, which is creating a safe and appropriate environment for all players. It is also why we should remain flexible and adaptable, learning from our approach and listening to feedback from all stakeholders so that where modifications are needed, we can act.

This issue of ITF CSSR wishes to keep everyone updated on the issues and challenges during these times and the ways we are working to alleviate their concerns on return to tennis and playing opportunities. We would also like to encourage new submissions to the ITF CSSR, and full guidelines for acceptance and publication of articles can be found in the most recent issue page on the ITF Academy. Finally, we would like to thank all the authors for their contributions, as well as all of those who sent in proposals. We hope that you enjoy reading the 81st edition of the ITF Coaching and Sport Science Review.

RECOMMENDED ITF TENNIS ACADEMY CONTENT (CLICK BELOW)



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