



Editorial.

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Welcome to Issue 61 of the ITF Coaching and Sport Science Review, which is the final edition for 2013 and follows the highly successful staging of the 18th ITF Worldwide Coaches Conference by BNP Paribas in Cancun, Mexico. This issue includes articles on anxiety analysis, developing women tennis players, emotional intelligence, expectations, match statistics, physical conditioning and Tennis Play and Stay.

The ITF Worldwide Coaches Conference, which had the theme of 'the long-term development of a high performance player' proved to be one of the best ever and welcomed to Mexico over 900 delegates, representing 100+ ITF member nations. Throughout the five-day event held at the Iberostar Resort Cancun, keynote speakers were of the highest calibre with notable presentations from Patrick McEnroe (USA), Beni Linder (SUI), Jim Loehr (USA), Judy Murray (GBR), Mary Pierce (France), Tom Gullikson (USA), Nick Bollettieri (USA) and Bruce Elliot (AUS).

One of the highlights of the conference included a women's panel with Britain's Fed Cup captain Judy Murray (GBR), Ashley Keber (USA), Mary Pierce (FRA), Irena Chichmarova (BLR) and Debbie Kirkwood (USA). The panel expressed their opinions and shared their experiences across a number of key issues which included the number of female coaches in tennis and the development of the women's game.

During the conference, the ITF recognised the achievements of Dr Jim Loehr, Nick Bollettieri and Alberto Riba (ESP) with ITF Services to the Game Awards. This award, presented by ITF Vice President Jon Vegosen (USA) recognised their contribution to tennis over the years and the significant impact they have made in the sport.

The majority of the presentations from the conference will shortly become available on the ITF Tennis iCoach website to all existing members. The new version of Tennis iCoach, the online coaching and sport science platform, was officially launched at the Worldwide Coaches Conference, Cancun, Mexico. The new cutting edge website offers a vibrant new look and feel, with a more user friendly interface and

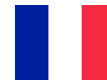
simplified navigation.

Other improvements include a powerful search filter functionality to easily allow coaches, parents and players to access specific content across all player ages, levels and gender - from a library of over 1500 educational articles, videos and conferences. Please click on the following link to visit this exciting new website.

Tennis iCoach

Looking forward to 2014, more courses and conferences are planned including the ITF Regional Coaches Conferences which will take place in 5 regions in the second half of 2014. Details of these will appear in the next issue and we look forward to seeing many of our readers in attendance.

2013 has seen the successful launch of the 'ITF Biomechanics for Advanced Tennis' as an eBook available in English, French and Spanish.



Due to popular demand the Coaching Department has now released

'Technique Development in Tennis Stroke Production' in eBook format. This book aims to outline the mechanical basis of stroke development from a scientific perspective. Please click on the following link for purchasing information.



Finally, we hope you continue to take advantage of the resources provided on the coaching weblet (www.itftennis.com/coaching) and that you enjoy the 61st issue of the ITF Coaching Sport Science Review.



RECOMMENDED ITF TENNIS ACADEMY CONTENT (CLICK BELOW)



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