



Editorial

Dave Miley, Miguel Crespo & Merlin Van de Braam.

Tennis Development, Integrity and Development Department, International Tennis Federation, London, UK.

Welcome to issue 53 of ITF Coaching and Sport Science Review, the first edition of 2011. This issue includes articles on a range of topics including statistical analysis from the Grand Slams, psychological skills training for coaches, an introduction to tactical periodisation and hydration and recovery in tennis.

The ITF is pleased to announce that the 17th ITF Worldwide Coaches Conference 2011 will take place at the Port Ghalib Red Sea Resort, Egypt from Sunday 20th to Thursday 24th November 2011. The event will be organised by the ITF in conjunction with the Egyptian Tennis Federation. It is the first time the event has been held in Egypt.



The theme of this years Conference is 'The Progressive Development of a High Performance Player'. The Conference will have presentations related to four distinct ages of Player Development: 10 and under (Building phase), 11-14 years (Development phase), 15-18 years (Junior phase) and 19-23 years (Transition to Professional Phase).

Confirmed speakers for the Conference include:

- Nick Bollettieri
- Wayne Black
- Patrick McEnroe
- Rohan Goetzke

Information on the Conference can be found on the dedicated conference website which is now online. Here you will be kept up to date on travel information, accommodation packages, programme announcements, confirmed speakers and other important information coming up to the conference.

Furthermore, the ITF is calling for the submission of abstracts to be presented as either workshop presentations or poster presentations. Submission of these abstracts can be done through the conference website. Workshop presentations will be either 20 or 30 minutes in duration including time for questions. Poster presentations will allow for digital or traditional display of research or projects. For more information on the call for papers, and instructions for authors please visit the 'Call for Papers' section of the site. The conference site is available at: <http://www.itfcoachesconference.com>

Next month sees the exciting launch of the new and improved Tennis iCoach website. The Tennis iCoach is the world's premier digital coach education resource. In addition to the great new look and usability of the site, the content continues to grow with new presentations from conferences worldwide. The latest additions include the 2010 ITF Regional Workshop presentations, as well as the Tennis Europe Symposium in Moscow, Russia.



Finally, we hope you enjoy reading and expanding your coaching knowledge through the wide variety of articles on offer in this 53rd edition of ITF Coaching and Sport Science Review.

RECOMMENDED ITF TENNIS ACADEMY CONTENT (CLICK BELOW)



Copyright (c) 2011 Dave Miley, Miguel Crespo & Merlin Van de Braam.



This text is under a [Creative Commons BY 4.0 license](#)

You are free to Share - copy and redistribute the material in any medium or format - and Adapt the content - remix, transform, and build upon the material for any purpose, even commercially under the following terms:

Attribution: You must give appropriate credit, provide a link to the license, and indicate if changes were made. You may do so in any reasonable manner, but not in any way that suggests the licensor endorses you or your use.

[CC BY 4.0 license terms summary](#) [CC BY 4.0 license terms](#)