



Editorial

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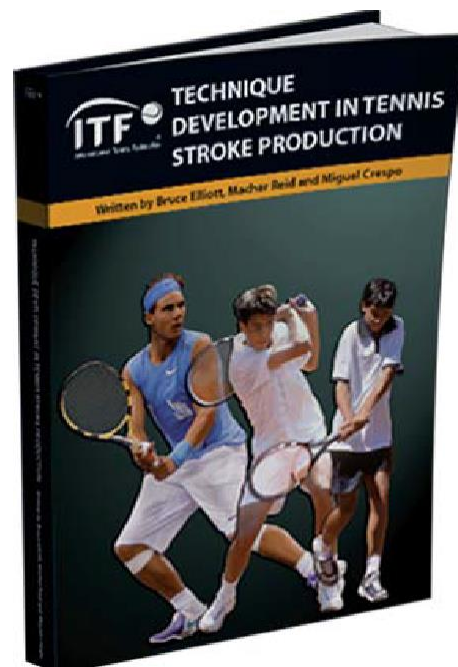
Welcome to issue 49 of the ITF Coaching and Sport Science Review, which is the final edition for 2009.

October saw the staging of the 16th ITF Worldwide Coaches Conference, with the theme 'Developing competencies for elite players and coaches'. Six hundred and seventy-nine coaches from over 110 countries participated in this year's Worldwide Coaches Conference by BNP Paribas which concluded on the 3rd of November in Valencia, Spain. The conference featured over 120 presentations, including keynote lectures, workshop sessions, free communications, poster presentations and for the first time virtual presentations from a series of renowned international speakers.

The five-day conference brought together leading experts in the area of high performance player development, tennis specific sport science and coach education to present on the latest developments in these fields. Key presentations included Bruce Elliott and Machar Reid (AUS) presenting on biomechanics; Alex Corretja questioned whether tennis is a team or individual sport; and Francisco Roig, who works with Rafael Nadal, gave a practical demonstration of working with elite performance players. Former French Open Champion Albert Costa was also a keynote speaker.

The conference was opened on Friday evening by ITF President, Francesco Ricci Bitti, RFET President, Jose Luis Escanuela, Joaquin Garcia, President of the Valencia Federation, Andres Sanzol, Director of the RFET Coaches Commission, and Ismail el Shafei, member of the ITF Board of Directors and Coaches Commission Chairman. During the Opening Ceremony, Ricci Bitti and El Shafei presented ITF Awards for Services to the Game to Ivan Molina of Colombia and Frank van Fraayenhoven of the Netherlands.

Apart from attending presentations from world renowned experts, participants enjoyed a social programme including an opening cocktail party, a closing dinner at the Alameda Palace and tickets to the Open Valencia 500 ATP tournament.



Several ITF meetings took place during the Conference including the ITF Coaches Commission, chaired by ITF Board Member Ismail El-Shafei and the ITF Sports Science and Medicine Commission, chaired by Dr. Brian Hainline. The ITF would again like to thank the Spanish Tennis Federation (RFET) for their hard work in assisting the ITF, as well as all the participants, speakers and ITF staff involved.

All of the presentations from the conference will soon be uploaded onto the tennis i-coach website (www.tenniscoach.com) and will then be available to all current 8000 members to view. The ITF Coaching Department is pleased to announce the launch of its new book at the Worldwide coaches conference in November 2009, the ITF Coaching Technique development in Tennis stroke production. Written by Bruce Elliott, Machar Reid and Miguel Crespo, the book aims to outline the mechanical basis of stroke development from a scientific perspective. For further

information on this publication or any other ITF publication, please visit <https://store.itftennis.com/>

More courses are planned for 2009 including the 5 ITF regional conferences details of which will appear in the next issue. We look forward to seeing many of our readers in attendance.

We hope you continue to take advantage of the resources provided on the weblet <http://www.itftennis.com/coaching/> and that you enjoy the 49th issue of the ITF Coaching Sport Science Review.

RECOMMENDED ITF TENNIS ACADEMY CONTENT (CLICK BELOW)



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